## CENTRAL SANSKRIT UNIVERSITY

## Guruvayoor Campus, Puranattukara Thrissur – Kerala

19-06-2021

## CIRCULAR

Subject: 7st International Day of Yoga (IDV) on 21st June 2021 Reg.

The 7th International Day of Yoga (IDY) will be celebrated on 21th June 2021. This year due to pandemic situation the observation will be virtual. This year IDY is being observed with a message of #Be With Yoga Be At Home.

The Ministry of AYUSH requested to conduct the IDY-21 through virtual mode and suggested the participation of all staffs and students of the campus to support the programme by sharing the photos and Message in Social Media to spread the theme.

So, to make this a grand success you are requested to participate in this programme on time (June 21<sup>st</sup>, 7.30 am) through Google Meet (link-https://meet.google.com/asa-cbxf-kgu)

## Programme Schedule

Prarthana : DYAS Students

Welcome Speech : Smt. Jessy K A, HOD of Modern Subjects

Presidential Speech : Prof. E.M. Rajan, Director, Guruvayoor Campus

Common Yoga Protocol Practice

Demonstration : DYAS Students

Instructor : Dhanesh P.V., Yoga Teacher

Practice : Staffs and Students of Guruvayoor Campus

Vote of Thanks : Prof. K.K. Harsha Kumar, HOD of Education

Shanti Mantra

DIRECTOR (Prof. E.M. Rajan)

